

NARCOTICS PRESCRIPTION POLICY

As a result of the increasing awareness of narcotic dependence and abuse, Englewood Sports Medicine Orthopaedic Surgery Group (ESMO) will closely manage its patients' use of prescription narcotics in accordance with the following policy guidelines:

- 1 FOR PATIENTS REFERRED BY A MEDICAL PRACTITIONER OUTSIDE OF ESMO** The referring provider is responsible for managing all pain medications until a final treatment plan has been recommended by a physician at ESMO. The final treatment plan is dependent upon the ESMO physician having all of the diagnostic tests available for his/her review in order to make a diagnosis and recommend a treatment plan. Narcotics are rarely part of the initial treatment plan.
- 2 FOR PATIENTS WHO ARE SELF-REFERRED TO ESMO, NON-OPERATIVE** Narcotic pain relievers will not be prescribed at the initial consultation. In the event a non-operative management strategy is implemented, and narcotic pain management is required, it will be limited to 5 days.
- 3 FOR POST-SURGICAL PATIENTS** In the event surgery has been performed by a surgeon at ESMO, post-operative narcotic pain management by ESMO will be limited to 7 days. Careful reassessment will take place for further prescription needs. Much of what we treat is painful, and we want to be sure that our patients' pain and recovery are well-managed. All refills of medications are controlled by the State of New Jersey*.
- 4 FOR PATIENTS WITH A PAIN MANAGEMENT PROVIDER OUTSIDE OF ESMO** The ESMO physician will coordinate post-operative pain management with the outside provider. After the post-operative period, the patient will resume management with that provider. Any patient requesting narcotic pain medications beyond 8 weeks will be referred to a pain management provider.
- 5 FOR PATIENTS WITH A CURRENT PAIN MANAGEMENT CONTRACT WITH AN OUTSIDE PROVIDER** ESMO will not assume refilling baseline narcotics for those patients who are on opiates for chronic pain or under the care of a pain management physician.
- 6 REQUESTS FOR NEW PRESCRIPTIONS/REFILLS** If a patient has not been seen in the offices of ESMO during the preceding 3 months, no prescriptions will be written without reassessment of the patient. Prescriptions for controlled substances must be written or printed. No phone or electronic refills are permitted. Prescription refills and/or new prescriptions will not be issued on days ESMO is closed. Refills may require up to 5 working days.

I have read and agree to the Englewood Sports Medicine Orthopaedic Surgery Group's Narcotic Prescription Policy.

PATIENT NAME (PLEASE PRINT)

PATIENT SIGNATURE

DATE

*New Jersey Statute N.J.S.A. 45:1-45 et. seq. requires review of the Prescription Drug Monitoring Program (PDMP or "Pharm Board") before prescribing pain medication. All providers will obtain the PDMP report before prescriptions are provided to the patient.